

**EASTCHESTER UNION FREE SCHOOL DISTRICT**  
**580 White Plains Road**  
**Eastchester, N.Y. 10709**

*Candida Ambroseo, School Nurse*  
*Eileen Egan, School Nurse*  
*Lisa Massi, School Nurse*  
**HEALTH OFFICE**  
*Middle and High Schools*  
**(914)793-6130 X4246, X4218, X4243**  
**(914)793-0098 FAX**

May 1, 2017

Dear Sixth Grade Parent/Guardian:

Please be advised that in September 2017, all public and private school students **entering seventh grade** in New York State must be **vaccinated** against **meningococcal** disease in order to attend school. In addition, they are **required by law** to submit evidence of having had a **current physical exam, including immunizations**, done within the past year (dated October 2016 and thereafter). We are requesting a **dental certificate** as well.

**All physical exams and immunization records are due October 1, 2017.** You may send them to us at the above address any time before this date.

Sincerely,

*Candida Ambroseo*  
Candida Ambroseo, R.N.

*Eileen Egan*  
Eileen Egan, R.N.

*Lisa Massi*  
Lisa Massi, R.N.

CA:soc

Encs. Health Cert. Appraisal Form 9\_21\_11  
Dental Health Cert. Form 3\_16\_09

EASTCHESTER UNION FREE SCHOOL DISTRICT

(914) 793-6130

NYSED requires an annual physical exam for new entrants, students in Grades K, 2, 4, 7 and 10, sports, working permits and triennially for the Committee on Special Education (CSE).

HEALTH CERTIFICATE / APPRAISAL FORM

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

School: \_\_\_\_\_ Gender:  M  F Grade: \_\_\_\_\_

IMMUNIZATIONS / HEALTH HISTORY

Immunization record attached PPD:  Positive  Negative  Not at Risk MD Signature \_\_\_\_\_ Date: \_\_\_\_\_  
 No immunizations given today Chest X-Ray  Positive  Negative  Not done Date: \_\_\_\_\_  
 Immunizations given since last Health Appraisal: Elevated Lead:  Yes  No  Not done Date: \_\_\_\_\_  
 Dental Referral  Yes  No  Not done Date: \_\_\_\_\_

Significant Medical/Surgical History:  See attached \_\_\_\_\_

Specify current medical conditions:  Asthma Diabetes:  Type 1  Type 2  Hypertension  
 Other: \_\_\_\_\_

Allergies:  LIFE THREATENING  Food: \_\_\_\_\_  Insect: \_\_\_\_\_  Other: \_\_\_\_\_  
 Seasonal  Medication: \_\_\_\_\_

PHYSICAL EXAM

Date of Exam: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ Referral

Body Mass Index: _____	Vision - without glasses/contact lenses	R	L	
Weight Status Category (BMI Percentile):	Vision - with glasses/contact lenses	R	L	
<input type="checkbox"/> less than 5 <sup>th</sup> <input type="checkbox"/> 5 <sup>th</sup> through 49 <sup>th</sup> <input type="checkbox"/> 50 <sup>th</sup> through 84 <sup>th</sup>	Hearing <input type="checkbox"/> Pass 20 db sc both ears or:	R	L	
<input type="checkbox"/> 85 <sup>th</sup> through 94 <sup>th</sup> <input type="checkbox"/> 95 <sup>th</sup> through 98 <sup>th</sup> <input type="checkbox"/> 99 <sup>th</sup> and higher				

EXAM ENTIRELY NORMAL  
 TANNER: I. II. III. IV. V.  
 SCOLIOSIS:  Negative  Positive: \_\_\_\_\_

MEDICATIONS

Medications (list all) including Over the Counter meds (OTC's) ex. Tylenol, Ibuprofen  None  Additional medications listed on reverse of form

Name: \_\_\_\_\_ Dosage/Time: \_\_\_\_\_

Name: \_\_\_\_\_ Dosage/Time: \_\_\_\_\_

Name: \_\_\_\_\_ Dosage/Time: \_\_\_\_\_

I assess this student to be self-directed  Yes  No Student may self carry and self administer medication  Yes  No  
**NOTE: Parent MUST sign below in order for prescribed meds to be given and for student to self-administer. Nurse will also assess self-direction for the school setting.**  
**Parent is responsible for providing all medication, including OTC's, in its original container and properly labeled with student's name.**

PHYSICAL EDUCATION / SPORTS / PLAYGROUND / WORK QUALIFICATION / CSE CONSIDERATION

Physically qualified for all activities. No limitations (OR only as checked):  
 \_\_\_ Limited activity: Specify Activity allowed. \_\_\_\_\_

\_\_\_ No Activity. Reason \_\_\_\_\_

Specify medical accommodations needed for school: \_\_\_\_\_  None

Known or suspected disability: \_\_\_\_\_  Please monitor

Restrictions: \_\_\_\_\_  Please monitor

Protective equipment required:  Specify: \_\_\_\_\_

Physician's Name/Address: \_\_\_\_\_ Phone: \_\_\_\_\_ License No. \_\_\_\_\_

Physician's Signature: \_\_\_\_\_ Fax: \_\_\_\_\_

Parent Signature: (includes medication consent) \_\_\_\_\_ Date: \_\_\_\_\_

This exam complies with NYSED requirements above and is valid for twelve months, with the exception of any illness or injury lasting more than five days that will require review by private healthcare provider and the school medical director. Rev. 9/21/11

